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Course map: Units 0–1

Every lesson and test, organized by the College Board's AP Psychology Course and Exam Description (CED)

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Unit 0 · Scientific Practices

CED TOPIC	LESSON	VIDEO	PRACTICE QS
0.1	**Concept Application**		
	Concept Application	3:31	4
0.2	**Research Methods and Design**		
	Research Design Types	6:01	7
	From Idea to Hypothesis	2:51	3
	Sampling	5:02	4
	Measurement Instruments	2:33	3
	Experimental Design I	4:08	4
	Experimental Design II	4:28	3
	Correlational Research Design	4:21	4
	The Survey Technique	2:44	4
	Research Ethics	5:47	6
	Peer Review and Replication	2:00	2
	✓ *Topic 0.2 test (3 versions, 10 questions)*		
0.3	**Data Interpretation**		
	Measures of Central Tendency	4:05	3
	Distributions	5:32	8
	Variability	5:14	8
	The 68–95–99.7 Rule	2:49	6
	Percentile Ranks	1:30	4
	Regression toward the Mean	2:58	5
	Correlation Coefficients	5:40	5
	P-Values and Effect Sizes	6:13	6
	✓ *Topic 0.3 test (3 versions, 12 questions)*		
0.4	**Argumentation**		
	Practiced in context throughout the course (no separate video)		
0.5	**Psychological Perspectives**		
	Psychological Perspectives	6:45	—
0	**Unit 0 Test: 3 versions · 15 multiple-choice + practice scoring an AP-style free-response question**		

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Unit 1 · Biological Bases of Behavior

CED TOPIC	LESSON	VIDEO	PRACTICE QS
1.1	**Interaction of Heredity and Environment**		
	Heredity and Environment	4:32	3
	The Evolutionary Perspective	2:46	2
1.2	**Overview of the Nervous System**		
	The Nervous System	5:41	4
1.3	**The Neuron and Neural Firing**		
	The Neuron and Neural Firing	4:36	4
	Types of Neurons and Glial Cells	3:22	4
	Neurotransmitters	4:53	7
	Psychoactive Drugs	6:08	10
	Hormones	2:30	8
	✓ *Subunit Test 1: Heredity, Nervous System & Neurons (3 versions, 10 questions)*		
1.4	**The Brain**		
	The Brainstem and Cerebellum	2:48	6
	The Limbic System	2:53	6
	The Cerebral Cortex	4:15	8
	The Hemispheres	5:22	10
	Brain Research	3:36	5
	Neuroplasticity	3:25	4
	✓ *Subunit Test 2: The Brain (3 versions, 10 questions)*		
1.5	**Sleep**		
	Consciousness and Circadian Rhythm	2:43	6
	Sleep Stages	4:06	6
	Sleep and Dreams	3:41	6
	Sleep Disorders	3:32	6
	✓ *Subunit Test 3: Sleep & Consciousness (3 versions, 10 questions)*		
1.6	**Sensation**		
	Sensation	6:26	8
	Vision I	5:37	7
	Vision II	6:07	6
	Hearing I	4:00	6
	Hearing II	3:08	5
	Smell and Taste	3:59	8
	Touch and Pain	3:58	7
	Kinesthesis and the Vestibular Sense	2:04	6
	✓ *Subunit Test 4: Sensation (3 versions, 10 questions)*		
1	**Unit 1 Test: 3 versions · 20 multiple-choice**		

Total video time for Units 0–1: about 190 minutes across 46 lessons. Also available for each unit: a rapid review video, flashcards and key-terms quizzes. Every lesson has a free printable video guide with an answer key. Units 2–5 are coming this school year.

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